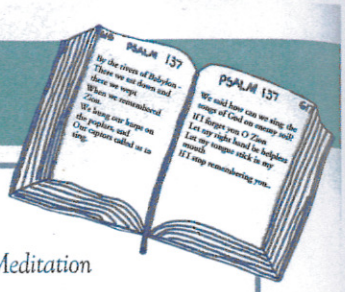
Suggestions for Parents to Use with

THE PRAYER LEARNING MODULE



Lesson Material Details

This Learning Module includes 3 sections –

An Introduction to Prayer • *Traditional* and *Devotional Prayer* • *Imaginative Prayer and Meditation*

A different section of the Prayer Learning Module will be done for one week in the first 3 terms of each year by all classes. Some lessons have Children's / Students' Home Activities. These suggestions are for all years.

For family prayer

- share ideas about what prayer is and name some different ways people pray, eg making up spontaneous prayers, using *traditional prayers*, meditation, praying using music, praying with Bible stories, and prayers using imagination
- set up a family prayer focus including a family photo, a candle, a Bible, something beautiful from creation, eg a shell, a flower, a feather as a reminder of God's presence in creation
- include some of the *traditional prayers* in family prayer, see pages 57– 59
- invite each family member to take a turn at leading family prayer
- let each family member hold the candle as they pray aloud or silently
- use reflective music to pray with
- make up a family *litany* and use various responses, eg In times of happiness, God be with our family; In times of stress, God be with our family; In times of difficulty, Jesus, bring us your peace. For ..... who is having exams now, Give him your wisdom God; For ..... who is sick at present, Give her your healing touch God
- share with children how prayer helps them in their lives

Plan to

- invite family members to talk about their favourite way of praying
- ask older relations to talk about the ways they like to pray and invite them to teach family members a prayer they know
- set up a family Prayer Board and add items the family could pray about
- choose a situation going on in the world which needs to change, and pray each night as a family about it
- make Prayer part of all that you do – pray in the car, out on a walk, waiting in a queue, on the bus, walking home
- invite each member of the family to bless the family meal